



WALK SO KIDS CAN TALK

IN SUPPORT OF
KHP KIDS
HELP
PHONE.

BMO Walk so Kids Can Talk is more than a fundraiser – it's a movement for youth mental health. On **Sunday May 3, 2026** –or any day your company chooses – thousands across Canada will come together to support Kids Help Phone's free, 24/7 services.

Join companies nationwide by empowering your employees to create change and ensure help is there when young people need it most.

REGISTER YOUR COMPANY TO WALK SO KIDS CAN TALK TODAY!

A TURNKEY EXPERIENCE FOR YOUR TEAM

Sign up your corporate team for FREE today – we'll be with you every step of the way.

When you register, you'll receive:

- **Corporate Teams Toolkit:** downloadable posters, social media posts, email drafts & more
- **Kickoff Session:** virtual or in-person*
- **Expert guidance:** to make your walk fun and easy
- **KHP Access:** including mental health resources for your employees
- **Fundraising Incentives:** to motivate your team

70% of employees feel better about their company for participating in Walk so Kids Can Talk.

Your employees shouldn't miss out!

* In-person kickoffs are based on KHP regional staff's availability.

FUN AND REWARDING

Unlock the fun by hosting team activities and fundraisers.

Individual fundraisers will also have access to our **fundraising rewards** which include gift cards to retailers or restaurants!*

*Fundraising minimums apply for rewards.



WANT TO REGISTER YOUR COMPANY? HAVE QUESTIONS? WE CAN HELP!

Register your corporate team or find answers to your questions by visiting walksokidscantalk.ca or by emailing us at getinvolved@kidshelpphone.ca

