



WALK SO KIDS CAN TALK

IN SUPPORT OF
KHP KIDS
HELP
PHONE.

BMO Walk so Kids Can Talk is more than a fundraiser - it's a movement for youth mental health. On **Sunday May 3, 2026 - or any day your school chooses** - thousands across Canada will come together to support Kids Help Phone's free, 24/7 services.

Join schools nationwide to empower students to create change and ensure help is there when young people need it most.

REGISTER YOUR CLASS OR SCHOOL TO WALK SO KIDS CAN TALK TODAY!

HOW IT WORKS

Sign up your school up today - we'll be with you every step of the way.

When you register, you'll receive:

- **Educator Toolkit:** downloadable posters, social media posts, email drafts & more
- **Kickoff Session:** virtual or in-person*
- **Expert guidance:** to make your walk fun and easy
- **KHP Access:** including Counsellor in the Classroom
- **Fundraising Rewards:** for students and schools

Best of all, your students will be empowered to know that they are safe and free to Feel Out Loud.

* In-person kickoffs are based on KHP regional staff's availability.

FUN AND REWARDING

You will receive a prize pack to use in a draw for participants at your school.

Individual fundraisers will also have access to our **fundraising rewards** which include gift cards to retailers or restaurants!*

**Fundraising minimums apply for rewards.*



WANT TO REGISTER YOUR SCHOOL? HAVE QUESTIONS? WE CAN HELP!

Register your school or find answers to your questions by visiting walksokidscantalk.ca or by emailing us at getinvolved@kidshelpphone.ca

