



# WALK SO KIDS CAN TALK

IN SUPPORT OF  
**KHP** KIDS  
HELP  
PHONE.

**BMO Walk so Kids Can Talk** is more than a fundraiser – it's a movement for youth mental health. On **Sunday May 3, 2026** – or any day your school chooses – thousands across Canada will come together to support Kids Help Phone's free, 24/7 services.

Join schools nationwide to empower students to create change and ensure help is there when young people need it most.

## REGISTER YOUR CLASS OR SCHOOL TO WALK SO KIDS CAN TALK TODAY!

### HOW IT WORKS

Sign up your school up today – we'll be with you every step of the way.

When you register, you'll receive:

- **Educator Toolkit:** downloadable posters, social media posts, email drafts & more
- **Kickoff Session:** virtual or in-person\*
- **Expert guidance:** to make your walk fun and easy
- **KHP Access:** including Counsellor in the Classroom
- **Fundraising Rewards:** for students and schools

**Best of all, your students will be empowered to know that they are safe and free to Feel Out Loud.**

*\* In-person kickoffs are based on KHP regional staff's availability.*

### FUN AND REWARDING

You will receive a prize pack to use in a draw for participants at your school.

Individual fundraisers will also have access to our **fundraising rewards** which include gift cards to retailers or restaurants!\*

*\*Fundraising minimums apply for rewards.*



## WANT TO REGISTER YOUR SCHOOL? HAVE QUESTIONS? WE CAN HELP!

Register your school or find answers to your questions by visiting [walksokidscantalk.ca](https://walksokidscantalk.ca) or by emailing us at [getinvolved@kidshelpphone.ca](mailto:getinvolved@kidshelpphone.ca)

